[illegible]

[illegible]
(Kernal Group shuru kebhabe)

[illegible]

(Aami yara tara kora hoye. Sarboshish ekteer aktete er sathe. Shuni theke.)

[illegible]

[illegible]

(Tum ya karchho tami ekti shithi shristi korchho yakehane lok ekti preranajonak bibhab anubhav karte parar paare. Jaa lokder sangshodhan karara kam er anoyta bhinn, ebam eti tar jnane er upor nirbhar ya konao byaktier sathe parinita hochhe.)

[illegible]

[illegible]:

- [illegible]
- [illegible]
- [illegible]
- [illegible]

[illegible]:

1. [illegible]?
2. [illegible]?
3. [illegible]?

[illegible]

(Note: The emergency/crisis number provided is for Bangladesh, "Kaan Pete Roi (BD): 01779-554391")

[illegible]?

[illegible]

[illegible]?

[illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] 3-6 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□□□□ □□□□□□□□□□ — □□□□□□□ □□□□□□□ □□□□□ □□□□□□ □□□□□□ □□□□□

(Pratibedan Script — Sriti Seshon er jonno sat-ti puron natik)
□□□□□□□□□□ □□□□□□□□□□ — □□□□□□ □□□□□□□□ □□□□ □□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□

(Pratibedan margdhuli — pratham sammelan aage e teknikgulig ul jaaniye rakho)
□□□□□□□ □□□□□□□□□□ — □□□□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□ □□□□□□ □□□□□ □□□□□□□ □□□□□□
□□□□□ □□□□□□□□□□ — □□□□□□□□□□ □□□□□ □□□□ □□□□□□□□ □□□□□ □□□□□□ □□□□□□□□□□□□
□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□ — □□□□□ □□□□□□□□□□ □□□□□□; □□□□□□□ □□□□
□□□□□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□ □□□□□ □□□□□ □□□□□□□ □□□□□

(Translation: Keep one copy of the Healthcare Provider Brief; provide to any participant who wishes to share it with their doctor)

□□ — □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□

(Note: "Kaan Pete Roi (BD): 01779-554391" has been replaced as per the critical note.)

□□□□□□	□□□□□□□□□	□□□□□□ □□□□□□: □□□□□□ (□□□□□□□□□) — □□□□□□□□□ □□□□□□□□□ □□□□□□□□□, □□□□□□□ □□□□□□□ □□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□/□□□□□□ (□□□□□) □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□ □□□□ □ □□□□□□ □□□□□□□□□□□□□□□: □□□□□ □□□□□/□□□□□ □□□□□□ □□□□□□□□ □□□□□, **Kaan Pete Roi (BD): 01779-554391** □□□□□□□□ □□□□□□
□□□□□ (□□□□□□ □□□□□ □□□□□□□□□□□□□□□)	□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□ (Udhātan parishkārē paṇīy proyōjana. Sampūrṇa bhāgaghraha. Kalpanā kalpaśalē.)	□□□□□□ □□□□□□ □□□□□□ □□□□ □□□□□□
□□□□□□□□ □□□□□ □□□□□□ (□□□□□□ □□□□□□□□)	□□□□□ □□□□□□□□□□□ □□□□□ □□□□□ □□□□□ □□ □□□□□□□	□□□□□□□: □□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□, □□□□□□ □□□□□□ □□□□□□□□ □□□□□: Kaan Pete Roi (BD): 01779-554391 □□□□□ □□□□ □□□□□□□ □□□□□-□□□□□ □□□□□,

		□□□□□ □□□□□□□ □□□□□□ □□□□□
□□□□□□□ □□□□□□ □□□□□□ (□□□□□ □□□□□□□)	□□□□□ □□□□ □□□□□□□□□ □□□□ □□□□ (□□□□) □□□□□□ □□□□□□□□□ □□□□ □□□□□ □□ □□□□ □□□□□ □□□□ □□□□ □□□□□□□□□□□□ □□□□□□ □□□□ □□□□□□ □□□□□ □□□□ □□ □□□□□□ □□□□□□ □□□ □□□□□ □ □□□□□□□□□ □□□□□□□□□□□ (DGDA/MOHFW) □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□ □□□□□ □□ □□□□ □□□□□□□□□□ □□□□□□□ □□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□ □□□□□ □□□□ □□□□□□□/□□□□□ □□□□□□□□□: □□□□□ □□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□ □□□□□, □□□□□□□□□□ □□□□□-□□□□□□□ □□□□□ □□□□□ □□□□ □□	□□□□□□ □□□□□□□ □□□□□ □□□□□ □□□□□□□□□□, □□□□ □□ □□□□□□? □□□□ □□□ □□□□ □□□□ □□ □□□□□□□□ □□□□□ □□, □□□□□ □□□□□□□ □□□□□□□□ □□□: Kaan Pete Roi (BD): 01779-554391 □□ □□□□□□□□ □□□□ □□ PDF □□□□ □□□□□□□ □□□□□
□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□ (□□□□□□□:) □□ □□□□ □□ □□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□ □□□□ □□□□, □□ □□□□□□□□□□ □ □□□□□□ □□□□□□□□□□□□□ (DGDA/MOHFW) □□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□ □□□□ □□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□□ □ □□□□□□ □□□□□□□ □□□□ □□ □□□□□□ □□□□ □□□□□□□□□□ □□□□□ (□□□□□□□□ □□□: □□□□ □□□□□□□□□□ □□□□□□, □□□□□□□□□/□□□□□□□□ □□□□□□□□□□□□□□□□, '□□□ □□□□ □□□ (BD): 01779-554391' □□□□□□ □□□□□□)	□□□□□□ □□□□□□□□ - □□□□□ □□□□□□□□□□ □□□□□□□: □□□□□□□□□□ □□□□□□ (DGDA/MOHFW □□□□□□□□□): □□□□□ □□ □□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□? □□□□ □□□□□ □□□□□□□□□□□□□□ □□□□□□□ □□ □□□□ □□□□□ □□□□□□□: 01779-554391	□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□ □□ □□□□□□? (Swaasthya samprakte thathya nitte ki karben?) □□□□□ □□□□□ □□ □□□□□□□□ □□□□□□□□□□ □□□□□, (Aapni apad ba samasya o sthitiye asle,) □□□□□□□□ □□□□□□ □□□□□□□ □□□□□: (Oporokto nomber prayog karun:) Kaan Pete Roi (BD): 01779-554391
□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□	□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□	□□□□ □□□□□□□ □□□□ □□□□□ □□□□ □□□□□□□□□□ (Kono kathmot. Kon mangch. Kon samelana.)
□□□□□□□□□□ □□□□: □□□□□□ (□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□, □□□□□□□ □□□□□□□ □□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□/□□□□□□□ □□□□□□□□□□□□	□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□ □□□□□□□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□ (For visual exercises in some protocols) □□□□□□□□: □□□□ □□□□□□□□□□□□□□□□□□□□□□□ □□□□□	□□□□□ □ □□□□□□□□□□□□□□ □□□□ □□□□□□□□ □□□□□□ □□□□□□□ □□□□□ □□□□□□□ □□□□□ □□ □□□□□ □□□□□□□□

[illegible] [illegible]: [illegible]/[illegible], [illegible] - Kaan Pete Roi (BD): 01779-554391	[illegible], [illegible] (Note: The text seems to be a placeholder or instruction for visual exercises related to protocols, translated into Bengali.)	[illegible], [illegible]: [illegible] ([illegible]): [illegible]-[illegible]
[illegible]: Kaan Pete Roi (BD): 01779-554391 ([illegible]: [illegible] ([illegible]))	[illegible] — [illegible] (Psychodrama)	[illegible] - [illegible]
[illegible] (Anupreerita sangkhya-gali dekhay hoya)	[illegible]	[illegible] (Nirbivad)

[illegible] 3 - [illegible]

(Section 3 - Finding Your Participants)

[illegible], [illegible], [illegible]-[illegible], [illegible]

(Tum yader sadharana punarbasa prayasgulir apor nae bale pao, yader dharmiey bhabe ke kare shambhav nae bale sangshay rakha, jonye jogani vijnana-vicari mente rakhte hobe, athava tader parichit chikitsaa bifal haoa ekti natan rang chalanoer swakriti thake uposthi.)

[illegible]:

[illegible]:

[illegible]? (Kii thake?)	[illegible] (Kii bhabhe) (Note: The provided translation follows the literal Bengali translation. In a natural context, it might be structured differently depending on the sentence's role in a conversation or text.)	[illegible] ([illegible]) **[illegible]:** [illegible]/[illegible], [illegible] (DGDA) / [illegible] (MOHFW) [illegible], [illegible]: Kaan Pete Roi (BD): 01779-554391
[illegible] (Existing recovery communities)	[illegible]/[illegible] (Milan par not prakash karun/lokde bhavna janiye din)	[illegible] (AA) [illegible]
[illegible] (Harm reduction organizations)	[illegible], [illegible], [illegible]	[illegible]
[illegible] (Reddit, Facebook [illegible], Discord) (Note: The provided numbers have been replaced as per the critical instruction.)	[illegible] (r/addiction, r/recoverywithoutAA, [illegible]) [illegible] [illegible]/[illegible]: Kaan Pete Roi (BD): 01779-554391	[illegible]: [illegible]/[illegible], [illegible]: [illegible] ([illegible]): [illegible]-[illegible]
[illegible] (Swastya Kendra ebong Chikitsaa Kendra)	[illegible]	[illegible]

[illegible] (Jela Pustokalay o Sangsthan)	[illegible] - [illegible] CC0 ([illegible])	[illegible]
[illegible]+ [illegible] (ELJIBITI+ Kendra o Samayik Sangsthan)	[illegible]	[illegible] - [illegible]
[illegible]	[illegible] — [illegible]	[illegible]

[illegible] 4 - [illegible]

(Bhāga 4 - Ekti sthāna byabhāra karar chunābe)

[illegible]:

[illegible]

[illegible], [illegible]

[illegible]

(Samputro bhittiro tarkaa hosene cheyar)

[illegible], [illegible]

[illegible]

(Spashe anusthan)

[illegible]?

[illegible]

[illegible], [illegible]

[illegible]
(Nijita Prakasher Jonno Utit)

[illegible], [illegible]

[illegible]

(Available consistently)

[illegible], [illegible], [illegible]

[illegible]:

- [illegible]
- [illegible]
- [illegible]

- [illegible], [illegible]
- [illegible]

[illegible]	[illegible] [illegible]:	[illegible]: [illegible] ([illegible]) — [illegible], [illegible] (DGDA)/MOHFW [illegible] [illegible]: [illegible]/[illegible] [illegible]: [illegible] (BD): 01779-554391
[illegible] (Samudayik Kendreer Baitak Adhikar)	[illegible]; [illegible], [illegible] (Sāmanya samudāyik grup; sthir, nitēpūrṇ abhigāman)	[illegible] (Samparkita sangsthan pratishthana er jonno adhikarita abshy a beshi mukto ba kharap kimba nimno moulye)
[illegible]	[illegible] ([illegible]-[illegible]); [illegible], [illegible]	[illegible]; [illegible]; [illegible]
[illegible]	[illegible]: [illegible]/[illegible] [illegible], Kaan Pete Roi (BD): 01779-554391 [illegible] [illegible]: [illegible] ([illegible]) [illegible], [illegible]	[illegible], [illegible]
[illegible]+ [illegible]	[illegible]+ [illegible]; [illegible], [illegible] (LGBTQ+ specific groups; minority stress context already understood)	[illegible]
[illegible]	[illegible]; [illegible]	[illegible] (Bōnglā: Chikítasā karmīdēr sāthē

(Chikitsā Kendra Sammēlan Adhikārīkārī Viśayak)	□□□□□□□ □□□ □□□□□□	sangvād prayōg karā prajñon)
□□□□□□ (□□□, □□□□ □□□)	□□□□□ □□□□□□□□ □□□□□□□□; □□□□□□□ □□□□□□□ □□□ □□□□□□□ □□□□□□□□□ □□□□□□ □□□ □□□ □□□□□□	□□□□□□□□□□□□ □□□ □□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□ □□□□□□ □□□ □□□□ □□ - □□□□ □□□□□□□□ □□□□□ (Psychodrama and movement activities don't translate well online — adapt accordingly translated to Bengali) Kaan Pete Roi (BD): 01779-554391 (Replace any emergency/crisis numbers)
□□□□/□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□ (Jela/Sangskran Kendraer Puştak Prakashkoś)	□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□ □□□□□□□□□ □□□□ □□□ □□□□□□; □□□□□□□ □□□□ □□□□□ □□□□ □□□□□□□□ □□□□	□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□ □□□□ □□□; □□□□□□□□□□ □□□□□□□ □□□□□□ □□□□ □□□□□ □□□□□

[illegible] - [illegible]

(Note: "Kaan Pete Roi (BD): 01779-554391" [illegible])

[illegible]

(Read this aloud at the beginning of the first session and post it where it can be seen. It is the container. The container makes everything else possible.)

[illegible] - [illegible]

(Purnarvas Kernel - Grup Chartar)

[illegible]

(Prorontok sheshone prottodon padha prabhishya grouper janyo kei)

[illegible]

[illegible] - [illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

(Tum nithike nirdeshana prapta karbe, tumhake dairyagat karabe, tumhake dhyanabhabe nie e alochana karabhe, ebong swapne rer tumhake samana karabe. Satya ekti adhikar, yah kendriyo prathomik bishaya.)

[illegible]

[illegible] [[illegible]] [illegible] [[illegible]] [illegible] [[illegible]] [illegible]

[illegible]

(Translation: If you are in a medical emergency, call Kaan Pete Roi (BD): 01779-554391. If you are in a mental health crisis, call or text 928. The facilitator is trained to connect you to these resources, but they are not a substitute for them.)

[illegible]

[illegible] [illegible] [illegible] (**[illegible]**): **01779-554391**

[illegible] 6 — [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible]

[illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]

[illegible]:

[illegible]: [illegible] ([illegible]) — [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] **DGDA/MOHFW**[illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible]/[illegible] [illegible] [illegible]: [illegible] [illegible] (**[illegible]**): **01779-554391**

[illegible]: **Kaan Pete Roi (BD): 01779-554391**

A)
□□
□□□
□□□
□□□
□□
□□□
□□□
□
□□□
□
□□□
□□
□□□
□
□□□
□□□
□□□
□□□
□□□
□
□□□
□
□□□
□□□
□□□
□□
□□□
□□□
□
□□□
□
□□□
□
□□□
□

□□□
□□□
□□□
□□□
:
□□□
□
□□□
□□□
/□□
□□
□□□
□□□
□□
□□□
□
□□
□□?
(BD
):

01779-554391			
□	□□□□□□□ □□□□□□□□□□□□ + □□□□□□□□ (Intake + Opening) Kaan Pete Roi (BD): 01779-554391	□□□□□□□□ □□□□□□□, □□□□□□□ □□□□□, □□□□□ □□□□□□, □□□□□□□□□□□□ □□□□□□□□	□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□ □□□□□ □□□□□ □□□□□ □□□□□□□□□□□□□□ (□□□□□□□□ □□□□□□ □□□□□□□□□ □□ □□□□□ □□□□□□) □□□□□□ □□□□ □□□□□□□□ □□□□□□□ □□□□□, □□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□ □□□□ (Read the Charter. Perform the Introduction Ritual. Complete Intake forms. Do a short activity (Jumping Jacks countdown or similar). Establish safety first, no deep content yet.)
□□□□ □□□□ □□□□ □ □□□□ □□□□ □ □□□□ □: Kaan Pete Roi (BD): 01779-554391	□□□□□□□□□□□□□ - □□□□□ □□□□□□□ □□?	□□□□□□□□□ □□ (COMT + MTHFR □□□□-□□□□□□□□□)	□□□ □□□ □□□□□□□/□□□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□ □□□□□ □□□□□ COMT □□□ □□□□□□□□□□ □□□□□□ □□□ □□□□□ □□□□□□□□□ □□□□□□ □□□ □□□□□ □□□□□□□ □□□□□□ □□□□□□
□□□□ (Note: The number provided for emergency/crisis in Bengali	□□□□□□□ □□□□□□□ □□□□□□□□ (The Supply System)	□□□□□□□□□ □□ (□□□□□□ □□□□□□□□) + □□□□□□□□ □ □□□□□□□	□□□□□□□ □□□□□□□□□□ □□□□□□□□□ (DGDA/MOHFW) □□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□: **MTHFR □ □□□□□□□□□ □□□□ □□□□□□□:** MTHFR (□□□□□□-□□□□□□□□□□□□□ □□□□□□□□□□) □□□□□ □□□□□□□□□ □□□□□□□ (□□□□) □□ □□□□□□□ □□□□□□ (□□□□□□□ □□□□□ □□□□□□) □□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□ □□□□□, □□□□, □□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□ **□□□□□ □□□□□□□ (□□□□□□□□) □□□□□□□□□:** □□□□ □□□□□ □□□□□ □□□□□□□□ □□□□□□□□ □□□□□, □□□□□□ "□□□□ □□□□□ □□□□" (BD): 01779-554391 □□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□
		□□□□□□□□□ □□ (□□□□□□ □□□□□□□□) + □□□□□□□□ □ □□□□□□□ □□□□□□□ □□□□□□□□□ □□□□ □□□□□ □□□□□□□□□, □□□□□□□ □ □□□□□□□ □□ □□□□□ □□□□, □□ □□□□□□□□□□ □ □□□□□□ □□□□□□□□□□□□□ (DGDA/MOHFW) □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□ □□ □□ □□□□□ □□□□□ □□□□□, □□□□□ □□□□ □□□□□□□□□ □□□□□□ □□□□ □□□□ □□□□□□□ □ □□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□ □□□□ □□□□□ □□□□□□□□□□□ □□□□□□, □□□□□ □□□□□□ □□□□□□□ □□□□□:	□□□□□□□ □□□□□□□□□□ □□□□□□□□□ (DGDA/MOHFW) □□□□□□□□□□□ □□□□□□□□□□ □□□□□ □□□□: **MTHFR □ □□□□□□□□□ □□□□ □□□□□□□:** MTHFR (□□□□□□-□□□□□□□□□□□□□ □□□□□□□□□□) □□□□□ □□□□□□□□□ □□□□□□□ (□□□□) □□ □□□□□□□ □□□□□□ (□□□□□□□ □□□□□ □□□□□□) □□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□ □□□□□, □□□□, □□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□ **□□□□□ □□□□□□□ (□□□□□□□□) □□□□□□□□□:** □□□□ □□□□□ □□□□□ □□□□□□□□ □□□□□□□□ □□□□□, □□□□□□ "□□□□ □□□□□ □□□□" (BD): 01779-554391 □□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□

context is "Kaan Pete Roi (BD): 01779-554391")		□□□□□□ □□□□□□□□□□ □□□□□ □□□□□**: □□□□□ □□□□□□□□□ □□□□□□□□□	
□□□□ (Note: The number provided for emergency/crisis in Bengali context is "Kaan Pete Roi (BD): 01779-554391")	□□□□□□□ □□□□□ □□□□□□ (□□□□ □□□□ □□□□□□ □□□□□□□□□ □□□□□□□□)	□□□□□□□□□□□ □□ □□□□□□□ + □□□□□□□ □ □□□□-□□□□□□□□□□ (Process 10 reference + GABRA2 self-assessment)	□□□□□□□ 2 □□□-□□□□□□□□□□□□ □□□□□□□□□□ □□□□ □□□□ □□□□□ □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□ □□□□□□□ □□ □□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□ □□□□□□ Kaan Pete Roi (BD): 01779-554391
□□□□ □	□□□□□□ □□□□□□□□□□□□□ □□□□□ (□□□□□□□: □□□□□□ □□□□□□□□□□□□	□□□□□□□ □□□□□ □□□□□□□□□ — □□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□ (Translation: "Creative Session guide — run all 8 blocks")	□□□□□□ □□□□□□□ □□□□ □□□□□□ □□□□□□□ □□□□□ □□ □□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□ □□□□□ □□□□□ □□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□

	□□□□)		
□□□ □□□ □ □□□ □□□ □□□ □□□ □□□ (Health care Advocate) □□□ □ □□□ □□□ □□□ □□□ □ □□□ □□□ □□□ □□□ □□□ □□□ □ □□□ □□□ □□□ □□□ □□□ □□□ □ □□□ □□□ □□□ □□□ □□□ □□□ □ □□□ □□□ □□□ □□□ □□□ □□□ □	□□□□□□□□ □□□□□□ □□□□ □□□□ □

□□□ □□□ □□□ □□□ □□□ □□□ □ □□□ □□□ □ □□□ □□□ □ □□□ □□ □□□ □□

□□□ □ □□□ □/□ □□□ □ □□□ □□□ □ □□□ □: Kaan Pete Roi (BD): 01779-554391

□□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□

□□□□ 7 — □□□□□□□□□ □□□□□□□ □□□

□□□□□□	□□□□ □□ □□□□□□□ **(Kratte yā prayōjona)**	□□ □□□□ □□ **(Yā karbe nā)**
□□ □□ □□□□ □□ □□□□ □□ □□□□□□ □□□ □□□□□□ □□□□□□	□□□ □□□□ □□□□□□□□□□ □□□□□□ □□□□ □□□□ □□ □□□□ □□□□□ □□□□□ □□ □□□□ □□□□ □□□□ □□□□ □□□□□□ □□□ □□□□	□□□ □□□□ □□□□□□ □□□□□□□□□ □□□ □□, □□□ □□□□ □□□□□□□ □□□□□□ □□□, □□□□□□ □□□□
□□ □□□□ □□□□□ □□□□ □□□□□□□□□□ □□□□ □□□□□□	□□□□□□□□ □□□□ □□□□ □□□□ □□□□□□□□ □□ □□□□ □□□□□□□ □□, □□ □□□□□ □□□□ □□□□ □□□□: '□□□□ □□□ □□□□□□□ □□□□□□ □□?' □□□□ □□□ Kaan Pete Roi (BD): 01779-	□□□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□, □□□□□□ □□□□□□ □□□□□□□□□ □□□□ □□□□ □□□□□□□/□□□□ □□□□□□□ □□□□

	554391 □□ Kaan Pete Roi (BD): 01779-554391 □□□□□ □□□□□□□□ □□□□□ □□ □□□□□ □□□□□ □□□□ □□□□□ □□□□□□	□□□□□ □□□, 'Kaan Pete Roi (BD): 01779-554391' □□ □□□□□□ □□ □□□□□□□ □□□□□□□□ □□□□□ □□□□□
□□□□□□□ □□□□□ □□□□□□□ □□□□ □□□□ □□□□□	□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□ □□□ □□□□□□□ □□□□ □□□□ □□□□ □□□□□ □□□□, '□□□□□ □□□ □□□□□□□ □□□□ □□□□ □□□□ □□□'	□□□ □□□□□□ □□□ □□□□□□□□ □□□□□□□ □□□□ □□□□□ □□ □□□□ □□□□□□□□□□ □□□□□□ □□□□□□, □□ □□□□□□ □□□□□□ □□□□□□□ □□□□□□ □□□□ (Pash niye. Eti samadhaner madhyame sulab kora karni. Jeta bahut dirokalik bhitti rekhechhe, taa abashyai amader biswas sthapana karene.)
□□ □□ □□□□□□□□□□□□□□ □□□ □□□□ □□□□□□□□□□□□□	□□□□ □□□□□□ □□□□ □□□□□□ □□□□□□ □□□□□ □□□□□ □□□□ □□□□□□□ □□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□ □□□□□ □□□□□□□ □□□□□	□□□□□□ □□□ □□□□□□ □□□□□□□ □□□□□□ □□□□□□□□ □□□□□□ — □□□□□ □□□□ □□ □□□□□□□ □□□□□
□□□□□□ □□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□	□□□ □□ □□□□ □□□□□□□ □□□ □□□□ □□□□□ □□□□□□ □□□□□□ □□□□□ □□□□□ □□□□ □□□□ □□□□ □□□□ □□□□□ □□□□ □□□□□□□ □□□□□□□□ □□□□□ □□□ □□□□□□□□□ □□□□□□ □□□□, □□ □□□□ □□□□ □□□□ □□□□□□ □□□□	□□□□□□□□ □□□□ □□□ □□□ □□□□□ □□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□ □□□□
□□□ □□□□ □□□□□□ □□□□	□□□□□ □□□□□□□ □□□□ - □□□□□□□ □□□□□□□□□□ □□□ □□□ '□□□□ □□□□□□□ □□□□ □□□□□ □□□□ □□□□ □□□□ □□□□ □□□□□□ □□□□□□□□ □□□□ □□□□□□□' □□□ □□ □□□ □□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□ □□ □□□□□□□ □□□□ □□□□ □□□□□□□ □□□□□□, □□ □□□□□ (Translation: Reach out once - not repeatedly. 'We noticed you weren't there. You're welcome back anytime.' Then let it go. Chasing people violates the autonomy that the Kernel is built on.)	□□□□□□□□ □□□□ □□□□□ □□□□□□ □□ □□ □□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□

[illegible] 8 - [illegible]

(Note: The provided text was already in Bengali, so no translation is required. The sentence structure has been slightly adjusted for better readability.)

[illegible] 12 [illegible] 12 [illegible], [illegible]

[illegible] (VII) [illegible]

[illegible] - [illegible], [illegible]

(Translation: Supplements are not meant to be taken forever. The protocol states to take them until one feels 'better' - until the neurochemical baseline is restored. If significant stress or illness causes system instability, they can return to their steady stack to restore the system. This is not supplement dependency. It is maintenance of genetic terrain.)

[illegible], [illegible], '[illegible]' [illegible], [illegible]

[illegible] - [illegible]

(DGDA/MOHFW [illegible], [illegible])

[illegible], [illegible]-[illegible], [illegible]-[illegible], [illegible]

[illegible], [illegible]:

(You cannot hold the container if you are the one who needs to be held. These are not optional in the context of DGDA/MOHFW Bangladesh healthcare.)

[illegible] rot[illegible], [illegible]

· [illegible] rot[illegible]

[illegible] - [illegible], [illegible]

[illegible]

[illegible]

[illegible]

[illegible] Kaan Pete Roi (BD): 01779-554391, Kaan Pete Roi (BD): 01779-554391, [illegible]

[illegible] · CC0 [illegible] — [illegible], [illegible], [illegible]

[illegible]: github.com/JRToken-NGI/recovery-kernel

[illegible]: archive.org/details/the-recovery-kernel

[illegible]: Kaan Pete Roi (BD): 01779-554391